



Emmanuel

God with Us



‘Crisis is an accelerator.’

Cary Neuwhof



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Matthew 1:22-23



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God gave us free will. He gave us choices; often when crisis hit we suffer the consequences of our own choices and the choices of others.



The Christmas story is this, God didn't just leave us to face our consequences alone, He stepped down in our world, to face them with us.



When God came to earth through Jesus, He became vulnerable for us, so that we can be open up and vulnerable with Him.



He existed in the form of God, yet he gave no thought to seizing equality with God as his supreme prize. Instead he emptied himself of his outward glory by reducing himself to the form of a lowly servant. He became human! He humbled himself and became vulnerable, choosing to be revealed as a man and was obedient. He was a perfect example, even in his death—a criminal's death by crucifixion!

[Philippians 2:6-8](#)



"Staying vulnerable is a risk we have to take if we want to experience connection."

[Brene Brown](#)